

St Christopher's, Hove
A Brighton College School



Policy and Scheme of Work for
Personal, Social, Health and
Economic Education
PSHEE

This policy applies to EYFS

Created: June 2017

To be reviewed: June 2019

Middle and Upper Schools: Years 4 to 8

4	5	6	7	8
Michaelmas				
Working together: rules	Illnesses, injuries and conditions	Safety in the home	Healthy in body and mind	The future
Honesty and the law	Colds	Safety on the road	Healthy eating	Soft skills
Communication – good listening	Stomach aches	Seatbelts	Exercise and leisure	Interviews
Communication online	Fractures, sprains and strains	Safety in the water	Sports injuries	Careers
Friendships	Allergies and asthma	Dangers of pylons and rail tracks	First Aid	Career profiling
Good friends	Eyesight	When lightning strikes	Stress and sleep	Financial management
What is bullying?	Hearing and speech	Safe sport	Coping with pressure/exams	Respect and values
Playground behaviour	Teeth	Fire safety	Resilience	Equality Act 2010
Part of a team	Disability	Safety online	Cyberbullying	Equality timeline
Team task	Old age	Sun safety	Travel safety	Christmas: values
Spring				
Healthy lifestyle: a balanced diet	Environment: climate change	Recognising strengths	Power of the media	Positive mental health
Food groups	Solutions	Learning styles	Newspapers	Body image and peer pressure
Vegetarian and religious diets	Pollution	Learning issues	Advertising	Alcohol
Exercise	Recycling	Study skills	Comparing advertisements	Smoking
Hobbies	Presentations	Career choice	My advertisement	Drugs
Dealing with problems	Sex education: puberty	Sex education: sexual intercourse	Sex education: relationships	Gambling
Summer				
Families	Democracy in the UK	Crime and punishment	Citizenship	Sex education: parenthood
Belonging to a family	Political parties	Police force	British values	Healthy relationships
Dealing with change	Voting	Court system	Dangers of radicalisation	Contraception Sex myths
Choosing a pet	My party	Sentences	Public institutions and services	Exploitation and abuse
Part of a community	Hustings and vote	Juvenile crime	European Union	Internet safety – sexting
Diverse world	MPs and their work	Court case	Leadership	Advice to leavers
In addition, Bullying to be covered at least once a term and Current Affairs when appropriate				

MEDIUM-TERM PLANNING FOR YEARS 4 TO 8

Topics	Areas	Questions
Year 4		
Michaelmas		
Working together: rules	Importance of rules Safety Consequences	<i>Why do we need rules? Are rules the same in all schools? What happens if we...?</i>
Honesty and the law	Knowing right from wrong Lost and found/'finders keepers' Accepting responsibility for actions Helping society Empathy Respecting the police and the courts	<i>Why is it important to know right from wrong? What should I do if I find something valuable? What are the risks of keeping it? How can a citizen help others in society? How can citizens support the police and the judiciary?</i>
Communication – good listening	Eye contact Showing interest Empathy	<i>Why is good communication important? How can it affect me? What is empathy?</i>
Communication online	Sharing information Writing things down Cyber-bullying Technical advice	<i>How can I go online safely? How do I know who I am communicating with online in chat rooms or games sites? What can I do if someone..? How do settings help me stay safe online?</i>
Friendships	How to make friends How to keep friends	<i>How can I make friends? What do I do if my friend lets me down?</i>
Good friends	No one is perfect	<i>What makes a good friend? Why do friends let me down?</i>
What is bullying?	Definitions Examples Sustained and repeated	<i>What is bullying? How is it different from an argument? How can I stop being bullied?</i>
Playground behaviour	Strategies for dealing with a conflict Advantages and disadvantages of each Tell a teacher	<i>What should I do if there is a fight? Will I get into trouble if I help? What will people think if I tell a teacher?</i>
Part of a team	Team selection Working together One part of a whole	<i>How are teams selected? What are the qualities of a good team player? How can I improve my chances of selection?</i>
Team task	Task in groups Working as a team How to divide tasks Taking the lead	<i>Which team operated most effectively? What makes a good team? What if we can't agree? What makes a good leader?</i>
Spring		
Healthy lifestyle: a balanced diet	Balanced diet How it affects my body	<i>Why should I eat healthily?</i>
Food groups	Food pyramid: ideal balanced meal Five-a-day Sugar and fizzy drinks My balanced meal	<i>What are the food groups? How healthy is..? What food groups are contained in..? How much sugar is there in..?</i>
Vegetarian and religious diets	Different faiths Vegetarianism	<i>Why do some religious groups not eat..? How do vegetarians eat a healthy diet?</i>
Exercise	Science behind exercise Well-being Suggestions on how to exercise	<i>Why do we need to exercise? How much exercise do I need each week? What sort of exercise?</i>
Hobbies	Pupils talk about their interests List advantages and disadvantages Economic: resources and expense	<i>How can I find a hobby I might enjoy? What do I need to have for..? How much does this hobby cost?</i>

Dealing with problems	Listing solutions Looking at advantages and disadvantages	<i>What should I do if..? What might the consequences be if..? What do I do if someone is bullying me?</i>
Summer		
Families: belonging to a family	Different family compositions There is no normal Advantages and disadvantages	<i>What is a normal family? What is it like in a family with..? What is it like to have..?</i>
Dealing with change	Divorce and separation Parents working hours Moving to another place or abroad	<i>Why do families split up? Why does my parent come home so late? Why are we moving?</i>
Choosing a pet	Issues of owning a pet Advantages and disadvantages of each Death	<i>What is it like owning a pet? What are the responsibilities? How long do pets live?</i>
Part of a community	Larger community Responsibilities	<i>How do communities work? What is a good citizen?</i>
Diverse world	Stereotyping of groups Freedom to hold other faiths and beliefs and acceptance that different faiths should be accepted, tolerated and respected	<i>Which groups are targeted? What is -ism? Why do people become -ist? How does the legal system protect those who hold beliefs different from the mainstream?</i>
Year 5		
Michaelmas		
Illnesses, injuries and conditions	We all become ill at some point Usually a normal reaction in the body	<i>Why do we become ill? Should I worry?</i>
Colds	Viruses and how they spread	<i>What causes the problem?</i>
Stomach aches	Stomach viruses Food poisoning	<i>What does it feel like to have..? How is it cured?</i>
Fractures, sprains and strains	Types of fracture Difference sprains and strains RICE treatment	<i>How long does it take? How can we avoid this problem?</i>
Allergies and asthma	Different allergies Inhalers	<i>What do I do if someone is making fun of me because of my..?</i>
Eyesight	Long and short sight Sport for the blind Braille Guide dogs	
Hearing and speech	Lip reading and sign language Types of speech difficulty	
Teeth	Infant and adult teeth Typical mouth Decay How to clean	<i>What is the difference between infant and adult teeth? How many teeth do we have? How do I clean my teeth?</i>
Disability	Different disabilities Empathy Society's obligations	<i>What is a disability? How does a disability affect someone's ability to..? How can we help?</i>
Old age	The ageing process Leisure for the elderly Looking after the elderly	<i>What happens when we get old? Is it the same for all people? Can old people play sport? How can we help?</i>
Lent		
Environment: climate change	Global warming Predictions	<i>What is global warming and how will it affect us? What is the greenhouse effect?</i>
Solutions	Government initiatives Reducing emissions	<i>What can governments do to help?</i>

Pollution	Great Pacific Garbage Patch	<i>What is the Great Pacific Garbage Patch?</i>
Recycling	Recycle bins Recycling metal	<i>How can we save energy? What items can we recycle?</i>
Presentations	Presentations in teams, persuading targeted groups within the school	<i>What makes an effective presentation?</i>
Sex education: puberty	Growing up Stages of puberty Important advice Keeping safe	<i>What will happen to me when I reach puberty? Should I worry? What do I need to know? When do I need to use a deodorant? What do I do if someone is laughing at my..?</i>
Summer		
Democracy in the UK	Democratic process Balance, fairness and freedom Parliament School Council	<i>What is democracy? How can citizens influence decision-making through the democratic process? How do we have a say in our school?</i>
Political parties	Political parties Current government Opinions	<i>What are the differences between the main parties? Who is in the Cabinet? Who leads each party?</i>
Voting	Constituencies Majority and coalition Polling stations Last election	<i>How does voting work in a general election? Why is it important to vote? What is a polling station? Why won the last election?</i>
My party	Creating a party Campaigning for a form election Manifesto and posters	<i>What happens when we can't agree? How do we appeal to the electorate? What if someone in the group is too bossy?</i>
Hustings and vote	Hustings Mock election	<i>How do people vote? What happens when we lose?</i>
MPs and their work	Role of an MP Surgeries	<i>What does an MP do? How do they help people?</i>
Year 6		
Michaelmas		
Safety in the home	Trips, slips and falls Poisons Sharp things Fire and heat	<i>What might cause me to fall over in a house? What things are poisonous? How should I handle knives? What should I look out for in the kitchen?</i>
Safety on the road	Hazards in the road: being vigilant How to cross the road Cycling	<i>What dangers are there on the road? How is it best to cross the road? What are the risks of cycling?</i>
Seatbelts	Background Risks Other people around you	<i>What happens in a crash? Why should I wear a seatbelt? How does not wearing a seatbelt affect others?</i>
Safety in the water	Rivers Seaside and cliffs	<i>How easy is it to drown? How should I approach cliffs?</i>
Dangers of pylons and rail tracks	Electricity pylons: kites/climbing Railway lines: electric shock	<i>What should I avoid doing near a pylon? Why are rails dangerous?</i>
When lightning strikes	Distance Safe places Keeping low	<i>How far away is the lightning? What places are safest? What if I am in a field when lightning strikes?</i>
Safe sport	Equipment Overuse injuries Warm-up and cool down	<i>Why is good equipment important? What are overuse injuries? How should I warm up?</i>

	Following the rules	<i>Why is it important to follow the rules?</i>
Fire safety	Alarms and detectors Call 999 Stay low Escape routes	<i>What are the risks of fire? How does a fire detector work? What should I say when I call 999? How can I escape a fire safely?</i>
Safety online	Sharing information Writing things down Cyber-bullying Technical advice	<i>How can I go online safely? How do I know who I am communicating with online in chat rooms or games sites? What can I do if someone..? How do settings help me stay safe online?</i>
Sun safety	Dangers How to stay safe Sunbeds	<i>What are the long-term dangers of getting burnt? What are the chances of getting skin cancer? How can I avoid these dangers?</i>
Lent		
Recognising strengths	List strengths Order the strengths	<i>What am I good at? What do I need to be successful in life?</i>
Learning styles	Assessment of style: visual, auditory and kinaesthetic Left or right brain	<i>What learning style(s) am I? Is there a right learning style? Is my left or right side of my brain dominant?</i>
Learning issues	Dyslexia Dyspraxia ADHD/ADD	<i>What is..? Can it be cured? How can I work with this condition? What do I do if someone is making fun of me because I can't..?</i>
Study skills	Link with learning style Revision	<i>How can I improve..? How should I revise?</i>
Career choice	Overview of types of career Advantages and disadvantages of different jobs Suitability for certain occupations	<i>What is a career? When do I need to decide on a career? Why would someone want to be a..? Who might be suited to..?</i>
Sex education: sexual intercourse	Sexual intercourse Stranger danger Personal hygiene	<i>How are babies made and develop? How do I stay safe and protect my body? Why do I need a deodorant?</i>
Summer		
Crime and punishment	Historical background Fear Controlling society	<i>How was crime prevented in the past? When did jails first appear? How can crime prevention become bullying?</i>
Police force	History of the police force Composition and organisation	<i>How are citizens and their well-being protected? What is the typical day of a policeman/woman?</i>
Court system	Rule of law Separation of power between judiciary and executive Crown Court and magistrate's court	<i>How are the courts held to account? Does the legal system protect those who hold other faiths and beliefs? How does the rule of law protect individual citizens and their wellbeing and safety?</i>
Sentences	Crime statistics Sentences for different offences	<i>How many people are in prison? How long is the sentence for..?</i>
Juvenile crime	Youth crime Legal ages	<i>When do I become criminally responsible? What can I do when I am..?</i>
Court case	Pupils conduct a criminal case	<i>What is the procedure of a court case?</i>
Year 7		
Michaelmas		
Healthy in body and mind	Benefits of healthy eating and exercise	<i>Why is healthy food and exercise important?</i>

Healthy eating	Risks of obesity/diabetes Balanced diet	<i>What are the risks of being overweight? How do I eat healthily?</i>
Exercise and leisure	Benefits Ideas of leisure activities	<i>What leisure activities are there? How can I monitor my own health?</i>
Sports injuries	Basic anatomy Common injuries Overuse and warming-up Treatment including RICE	<i>Why do I get injured? What do I do if I have..? How long does it take to recover from...? How can I prevent sports injuries?</i>
First Aid	Responsibilities Contacting help Actions	<i>What should I do if someone is injured or unwell? Who should I contact? What is the first aid for..?</i>
Stress and sleep	Recognising symptoms Need for stress – ‘fight or flight’ Strategies for coping with stress Why sleep is important Strategies for a good night’s sleep	<i>How do I know I am stressed? What is a fight or flight response? How can a timetable help with exam stress? Why do I need sleep? How can I learn to sleep better?</i>
Coping with pressure/exams	Symptoms of stress ‘Fight or flight’ Pressure from others/oneself Strategies Calm breathing	<i>How do I know I am stressed? Is it just me? Where does pressure come from? How can I relieve the anxiety? How can I calm myself down?</i>
Resilience	Definition Examples Ambition, success and failure	<i>What is depression? Which famous people have suffered from depression? How can I develop resilience?</i>
Cyberbullying	Cyber-bullying Technical advice CEOPS Sexting	<i>How can I avoid bullying someone online? How can I use settings to protect myself online? How can I report someone? What is sexting?</i>
Travel safety	Statistics comparing the safety of different forms of transport Young people and risk	<i>What is the safest form of transport? Why are young people more likely to have accidents?</i>
Peer pressure	Definitions Examples Strategies for given situations including role play	<i>What is a peer? Why do people pressure others into..? How can I say no? What else can I do?</i>
Lent		
Power of the media	Examples of media Persuasion Celebrity	<i>What is the media? Why is it important in modern life? How can the media create situations in which bullying can arise?</i>
Newspapers	Tabloid, broadsheet and online Fact v opinion	<i>What is tabloid journalism? Are newspapers impartial?</i>
Advertising	Principles of advertising Product association	<i>Why are advertisements everywhere? How do advertisers persuade the public? What is a target audience? What is product association?</i>
Comparing advertisements	Old and new advertising Television advertising	<i>How has advertising changed? How do advertisers create stories to sell products?</i>
My advertisement	In teams, pupils plan and create an advertisement either as a presentation or as a video	<i>How does a team operate? What does the public look for?</i>
Sex education: relationships	LGBT Prejudice and the law	<i>What differences are there in sexual attraction? How does the law protect LGBT people?</i>
War	Historical context Current day	<i>Why do wars break out? What wars are being fought today?</i>

	Impact of war Pacifism and conscientious objectors NATO and United Nations	<i>How does war affect people?</i> <i>What have NATO and the United Nations done to prevent war?</i>
Summer		
Citizenship	Definition Characters traits	<i>What makes a good citizen?</i>
British values	Respect for British values Freedom of speech within a democracy Britishness Quiz	<i>What has Britain brought to the world?</i> <i>What are British values?</i> <i>What is freedom of speech?</i>
Dangers of radicalisation	Historical background to conflict in the Middle East Religious groups Attraction of radical groups Recruitment Vigilance	<i>Why is there so much conflict in the Middle East?</i> <i>How is religion involved in the conflict?</i> <i>Why do terrorists risk their lives?</i> <i>How are individuals recruited to groups such as IS?</i> <i>What can I look out for?</i>
Public institutions and services	How public institutions (Parliament, the police force, the Post Office) and services (healthcare, welfare services and education) operate	<i>What do public institutions and services provide for me?</i> <i>How do they operate?</i> <i>How can public institutions be held to account?</i>
European Union	History Members Brexit	<i>When was the European Union created?</i> <i>Which countries are members?</i> <i>How will Brexit affect our future?</i>
Leadership	Nature of leadership Qualities Advice	<i>What is leadership and why is it important?</i> <i>What makes a good leader?</i> <i>How can I develop these characteristics?</i>
Year 8		
Michaelmas		
The future: Soft skills	Characteristics Link to career Qualities that can be developed	<i>What are 'soft skills'?</i> <i>How can they help me in my future career?</i> <i>How can I improve my soft skills?</i>
Interviews	Greeting with a hand-shake Body language Practice	<i>What makes a good hand-shake?</i> <i>How is body language interpreted?</i> <i>What sort of questions might they ask and how should I answer them?</i>
Careers	Career choices and changes	<i>Do I have to stay in the same career all my life?</i> <i>How much does a [] earn?</i> <i>What is it like to be a []?</i> <i>Does a degree improve my future salary?</i>
Career profiling	Profiling of pupils using Jung model Link profile with career	<i>What is my personality type?</i> <i>What career might suit me?</i>
Financial management	Saving and borrowing Bankruptcy Planning ahead Keeping a record of spending	<i>Why is it good to save?</i> <i>When should I borrow money – and from whom?</i> <i>How do I keep a record of my spending?</i>
Respect and values	Discussion of values and heroism Research into chosen heroes with focus on their strengths and values	<i>What are values?</i> <i>Why are values important?</i> <i>What makes a hero?</i>
Equality Act 2010	Legal definition Respect for those with different beliefs and faiths	<i>What groups are protected by the Equality Act?</i> <i>Is discrimination a form of bullying?</i> <i>How do we identify and combat discrimination?</i>
Equality timeline	Historical background to discrimination	<i>Why was the Equality Act needed?</i>
Lent		

Positive mental health: well-being	Strands of well-being Strategies Mindfulness	<i>What is well-being? How can I develop my well-being? What is mindfulness?</i>
Peer pressure	Saying 'no'	<i>How can I say 'no'?</i>
Body image	Body image Media idealised images Plastic surgery Tattoos Positive self-image	<i>What is body image? How does it affect my self-esteem? How does the media present images? Why do people invest in plastic surgery and tattoos? How can improve confidence in my looks?</i>
Alcohol	Alcohol Units of alcohol	<i>What are the dangers of alcoholism? What are safe limits of drinking?</i>
Smoking	Smoking 'Marlboro Man'	<i>What are the dangers of smoking? How is smoking linked to cancer and heart disease?</i>
Drugs	Different narcotics Effects on people (celebrities) Solvent abuse Prescription drugs	<i>Why do people take drugs? What are the short and long-term effects of..? How can I identify different drugs? How do drugs affect people's lives?</i>
Gambling	Statistics National Lottery Addiction	<i>How many people gamble in the UK? Is it okay to gamble sometimes? What are the risks of gambling?</i>
Summer		
Sex education: parenthood	Teenage pregnancy	<i>What are the consequences of being a parent? What is it like to look after a baby?</i>
Healthy relationships	Consent Legal stance Accessing help	<i>How is consent given? How can pressure be applied in a relationship? What should I do if I have not given consent?</i>
Contraception	Methods of contraception HIV and STDs	<i>How can I prevent a pregnancy? What are the methods of contraception? Which are most effective? How do they prevent diseases such as HIV?</i>
Sex myths	Common misconceptions about sex	<i>Is it true that..?</i>
Exploitation and abuse	Abusive relationships Child Sexual Exploitation Female Genital Mutilation Forced Marriage	<i>How are children exploited? What is FGM? How common is forced marriage?</i>
Internet safety – sexting	Cyber-bullying Technical advice Sexting	<i>What should I avoid doing online? How do settings help me stay safe online? Why is sexting illegal? What happens if I am caught sending indecent photos?</i>
Advice to leavers	Preparing for change New schools Positivity and ambition Advice and strategies	<i>How will my new school be different? What should I be prepared for? How can I make the most of my opportunities? What advice can you give me?</i>

PSHEE Cross Curricular Links

4	5	6	7	8
Michaelmas				
Working together: rules	Illnesses, injuries and conditions	Safety in the home	Healthy in body and mind	The future
Honesty and the law	Colds	Safety on the road	Healthy eating	Soft skills
Communication – good listening	Stomach aches	Seatbelts	Exercise and leisure	Interviews
Communication online	Fractures, sprains and strains	Safety in the water	Sports injuries	Careers
Friendships	Allergies and asthma	Dangers of pylons and rail tracks	First Aid	Career profiling
Good friends	Eyesight	When lightning strikes	Stress and sleep	Financial management
What is bullying?	Hearing and speech	Safe sport	Coping with pressure/exams	Respect and values
Playground behaviour	Teeth	Fire safety	Resilience	Equality Act 2010
Part of a team	Disability	Safety online	Cyberbullying	Equality timeline
Team task	Old age	Sun safety	Travel safety	Christmas: values
Spring				
Healthy lifestyle: a balanced diet	Environment: climate change	Recognising strengths	Power of the media	Positive mental health: well-being
Food groups	Solutions	Learning styles	Newspapers	Body image and peer pressure
Vegetarian and religious diets	Pollution	Learning issues	Advertising	Alcohol
Exercise	Recycling	Study skills	Comparing advertisements	Smoking
Hobbies	Presentations	Career choice	My advertisement	Drugs
Dealing with problems	Sex education: puberty	Sex education: sexual intercourse	Sex education: relationships	Gambling
Summer				
Families	Democracy in the UK	Crime and punishment	Citizenship	Sex education: parenthood
Belonging to a family	Political parties	Police force	British values	Healthy relationships
Dealing with change	Voting	Court system	Dangers of radicalisation	Contraception and sex myths
Choosing a pet	My party	Sentences	Public institutions and services	Exploitation and abuse
Part of a community	Hustings and vote	Juvenile crime	European Union	Internet safety – sexting
Diverse world	MPs and their work	Court case	Leadership	Advice to leavers
Science RS PE History English Mathematics Geography ICT Art				

PRE-PREP – YEARS 1 TO 3

Topics	Areas	Questions
Year 1		
Michaelmas		
(See folder with LCP scheme of work plans for detailed daily plans for each Year group)		
Rules	Importance of rules Safety Consequences	<i>Why do we need rules? Are rules the same in all schools? What happens if we...?</i>
School Council Election	Having a voice Importance of exercising your vote Discussion and compromise	<i>How does the council operate? How can I put forward my ideas? What if others disagree?</i>
Rules in the home	Discussion about home life What are the rules in your home? Respect for others and those who care for us	<i>Why do we have rules? What would happen if we didn't follow rules? What would you do if you swapped places with your parent / carer?</i>
Dangerous Household goods	Recognise dangers in the home -hot things, poisonous things, things harmful to us Make good choices to be safe	<i>What is safe? What is dangerous or harmful to us? What should you do if something goes wrong?</i>
Safety in the home	Rules make us safe What are the rules respect for rules and laws, at home, at school, in Britain	<i>What are the rules? Why do we have rules? Are the rules the same for everyone? Why? What happens if we break the rules?</i>
Healthy Eating	Recognise what you like and dislike Make simple choices that improve health and well being	<i>What is healthy? What is un healthy? What should you eat more of? Less of?</i>
Cleanliness and Personal Hygiene	How to maintain personal hygiene Make simple decisions to improve health and well-being Washing , hair, clothes etc	<i>Why do we keep clean? How do we keep clean? What would happen if we didn't keep clean?</i>
Healthy Exercise	Importance of exercise Types of exercise Personal exercise choices	<i>Why do we exercise? What would happen if we didn't exercise? What types of exercise do you do? / enjoy</i>
How to play	How to listen to other people and play nicely Playground/ home/ park Co-operation / sharing / bullying	<i>Why do we share? Why should we be respectful and careful? What happens if we don't play nicely? What is bullying?</i>
Reflection on term - recap	Re-cap on all topics and events, incidents in the term.	<i>What have we learned?</i>
Reflection on term – Looking ahead	Re-cap on all topics and events, incidents in the term. Think ahead to next term.	<i>What will we remember going forward – what can we improve? What are we looking forward to? What are we worrying about?</i>
Lent		
Re-cap on school rules	Importance of rules Safety Consequences	<i>Why do we need rules? Are rules the same in all schools? What happens if we...?</i>
Coping with anger and fear	Two sessions – Fear / anger Situations where we have felt these emotions	<i>What is fear? / anger? What do they feel like How can we deal with these emotions in a positive way?</i>
Coping with frustration	Situations where we have felt frustrated. What is frustration	<i>Have you felt frustrated? What does it feel like? What can we do about feeling frustrated?</i>

Happiness	Happiness – how it feels and what makes us happy. Ways to find happiness.	<i>What makes us happy? How does it feel? How can we find happiness?</i>
Happy Endings	Set goals, tell a story that ends happily	<i>What is a good outcome? What would leave people feeling happy?</i>
Likes and dislikes	Personal choices / respecting the feelings and thoughts of others	<i>What things do you like and what do you dislike?</i>
Developing Self Confidence	Elmer the elephant David Mckee Bullying	<i>What did Elmer look like? Why did he want to look like the other elephants? When he did look the same how did they react? When was Elmer happiest? Why?</i>
Reflection on the term –re-cap	Re-cap on all topics and events, incidents in the term.	<i>What have we learned?</i>
Reflection on the term –looking ahead	Re-cap on all topics and events, incidents in the term. Think ahead to next term.	<i>What will we remember going forward – what can we improve? What are we looking forward to? What are we worrying about?</i>
Summer		
Co-operating and sharing	Difference between right and wrong When to share. How to share Use one piece of paper to draw a picture of every child – It has to be shared Respect for others	<i>What is sharing? How do we share? When do we share? Is sharing helpful? What happens if we don't share?</i>
Fairness	Situations that are fair and unfair. Making things fair	<i>How would it feel if everyone got something and you didn't? Why should things be fair? Are they always fair?</i>
Kind and unkind behaviour	Examples What to do if someone is unkind Bullying	<i>What is kind behaviour? What is unkind? When does behaviour become bullying?</i>
The right to be safe	Different situations – safety Rules – importance Bullying	<i>Who looks after us? How do we stay safe? What is the Anti-bullying Code?</i>
Understanding the human body	Names parts of the body Heads and shoulders Knees and Toes	<i>Can you name the main parts of the body?</i>
The right to an education	Formal education People now and in the past who did not have an education	<i>Why do we go to school? What would happen if we didn't go to school?</i>
The family	Understand that we belong to a community such as a family or a school. Identify and respect the differences between people.	<i>Who is in your family? Is the school like a family?</i>
Preparing a meal	Foods from different cultures Recipes from different cultures Customs for meal times for different cultures	<i>Where do you eat your food? How do you eat your food? How do people from other cultures eat their food? What food do they eat?</i>
Making a contribution	Recognise that people have responsibilities Appreciate belonging to different groups/ clubs / communities	<i>How do you contribute at home? Are you a member of a team /club? How do you contribute to these? To the school? To the local community?</i>
People who help children in school	Appreciate that you belong to a community and a school Find out how people contribute to the school	<i>Who works in the school? What do they do? How do you contribute to the school?</i>

School Council Feedback	Feedback from School Council representatives	<i>Questions arising</i>
Reflection on term - recap	Re-cap on all topics and events, incidents in the term.	<i>What have we learned?</i>
Reflection on term – Looking ahead	Re-cap on all topics and events, incidents in the term. Think ahead to next term.	<i>What will we remember going forward – what can we improve? What are we looking forward to? What are we worrying about?</i>
Year 2 –		
Michaelmas		
School Rules	Importance of rules Safety Consequences	<i>Why do we need rules? Are rules the same in all schools? What happens if we...?</i>
School Council election	Having a voice Importance of exercising your vote Discussion and compromise	<i>How does the council operate? How can I put forward my ideas? What if others disagree?</i>
School Council Feedback	Feedback from School Council representatives	<i>Questions arising</i>
Rules for our protection	Nursery Rhyme activity– make up a rule to prevent the disaster (Jack and Jill etc) Anti-bullying Code	<i>Why do we have rules? How do rules protects us? Do adults have to follow rules? What British rules and laws protect us?</i>
Useful Rules	Different rules and why they are important and sensible	<i>What are useful rules? What happens if we don't follow them?</i>
Road safety	Care on the road Crossing the road Road dangers and how to stay safe	<i>Why are roads dangerous? How should we cross the road?</i>
Good Road Craft	Vehicles on the road Staying safe on the road Ho to cross	<i>Why are roads dangerous? How should we cross the road?</i>
Playing Safe	Rules for being safe making good choices to stay safe	<i>Who can we trust? What places are safe? What behaviour is safe?</i>
Choosing a friend	Recognise what you like and dislike Deal with feelings in a positive way Make kind fair choices Respect other people's feelings	<i>Who are you friends? Who makes a good friend? How can you be a good friend? Can anyone be your friend?</i>
Managing Money	Recognise the value of money Recognise the choices you can make about money Money comes from different sources and used for different purposes	<i>What is money for? Where does money come from? What can you do with money? Do you save money? Where should you put money to keep it safe?</i>
Money and Talents	Parable of the talent Recognise choices you can make about money and talents Understand the ideas of a parable	<i>What talents have you got? What should you do with your talents? What happens if you waste your talents?</i>
How to play safely	Playground rules	<i>Why do we have playground rules? What are the rules? What happens if you don't follow the rules?</i>
Reflection on term - recap	Re-cap on all topics and events, incidents in the term.	<i>What have we learned?</i>
Reflection on term – Looking ahead	Re-cap on all topics and events, incidents in the term. Think ahead to next term.	<i>What will we remember going forward – what can we improve? What are we looking forward to? What are we worrying about?</i>

Lent		
Re-cap on school rules	Importance of rules Safety Consequences Bullying	<i>Why do we need rules? Are rules the same in all schools? What happens if we...? What is the punishment for bullying?</i>
Caring for the environment	Look at the school environment Making our school better	<i>What did you like? Why? What is useful or harmful to the environment?</i>
Packing a bag	5 important items that you need Recognise choices you can make	<i>What is important to us? Why do we need things?</i>
Environmental problems	Understand what harms the local natural and built up environments	<i>What damages the environment? How can we protect the environment?</i>
Then and now	Understand how the local environment has changed over history	<i>How has the environment changed? How can we protect the environment in the future</i>
Journeys around the world	Recent holidays Great Britain on a map Holiday destinations on a map Recognise that we are part of a global community	<i>Where have you been on holiday? What was it like? What were the people like? What would it be like to come on holiday to this country?</i>
An ideal community	A disaster strikes and a new community is born – what would the perfect community be like?	<i>How would you organise your community? What jobs would need to be done? Would someone be in charge? How would you make it fair?</i>
Friends go on an adventure	Friends go on a journey, but one is hurt. Helping others, moral and social issues connected with the incident	<i>Should you help your friend or leave them? Why should we help people in need?</i>
Reflection on term - recap	Re-cap on all topics and events, incidents in the term.	<i>What have we learned?</i>
Reflection on term – Looking ahead	Re-cap on all topics and events, incidents in the term. Think ahead to next term.	<i>What will we remember going forward – what can we improve? What are we looking forward to? What are we worrying about?</i>
Summer		
Getting older	How people get older starting as a baby Growing responsible and self-sufficient What happens as you get older	<i>How much attention do we need as a baby? How does that change as we get older? How are we able to be more responsible as we get older?</i>
A new baby/ looking after a baby	What it is like for a baby to enter your life Baby brothers and sisters /cousins etc Emotions in response to a new baby	<i>What does a baby need? Why do babies need to be looked after? How does it feel when a new baby arrives?</i>
Friendship web	Having friends /making choices about friends Sharing friends Respect for people's choices Friendship is a two-way process Bullying	<i>Who are our friends? How do they make us feel? Can lots of people be friends? What happens when our friends bully us?</i>
Teasing and bullying	Situations where teasing and bullying occur. The difference between a single accidental incident and long term unkindness. Emotions and what to do.	<i>What is teasing? What is bullying? How do they make you feel? What should you do if you are teased / bullied?</i>
Portraits	Draw yourself and someone else you know. Understanding yourself. Respecting others.	<i>What are the similarities? What are the differences?</i>
Cultural Diversity	Differences between certain animals	<i>What is the same about two animals?</i>

	Differences between people. Physical and cultural differences. Respect and understanding for other people and other cultures	<i>What is different? What is the same about two people? What is different?</i>
Understanding sickness and diseases	Illness, doctors, access to medical care and how others in the world don't have it.	<i>What happens when we are ill? How does it feel? Have you been ill? Did you have medicine? What would it have felt like if you had no medicine?</i>
Selfishness and stealing	The Selfish Giant story Burglar Bill Story – moral and social implications	<i>What is selfishness? Why should we not be selfish? What is stealing? How does it make us feel?</i>
Telling lies and truthfulness	Telling the truth The boy who cried wolf	<i>How does it feel to be honest? To lie? How does it feel when someone lies to you? Why should we tell the truth? Should we ever lie?</i>
Care of a pet	Choosing a pet Responsibility for the pet Likes and dislikes Caring for others	<i>What pet would you have? Why? What would that pet need to be happy? What would happen if you didn't look after it?</i>
Reflection on term - recap	Re-cap on all topics and events, incidents in the term.	<i>What have we learned?</i>
Reflection on term – Looking ahead	Re-cap on all topics and events, incidents in the term. Think ahead to next term.	<i>What will we remember going forward – what can we improve? What are we looking forward to? What are we worrying about?</i>
Year 3		
Michaelmas		
School Rules	Importance of rules Safety Consequences	<i>Why do we need rules? Are rules the same in all schools? What happens if we...?</i>
School Council election	Having a voice Importance of exercising your vote Discussion and compromise	<i>How does the council operate? How can I put forward my ideas? What if others disagree?</i>
School Council Feedback	Feedback from School Council representatives	<i>Questions arising</i>
The need for rules	What ifs? – Why we need rules and what would happen without them. Rules at home, school and in the community /country	<i>What are the rules? Why do we have rules? What are the school rules concerning bullying?</i>
Ways to calmness	Relaxation, breathing, meditation and mindfulness	<i>Why should we be calm? How to we stay calm?</i>
Careful play	Playground issues Playing nicely at home, school, the park etc. Respect for others.	<i>What situations might occur on the playground? How should we deal with them? How do you play nicely with others?</i>
Citizenship in action	Contributing to school, clubs, local community, society, country, the world	<i>What makes a good citizen? Why should we contribute to society? What is a good citizen?</i>
Coping with fear	The picture of 'The scream' Understanding fear Dealing positively with fear	<i>How does it feel to be scared? What is fear? Why do we need fear?</i>
Coping with	Loneliness -	<i>What does it feel like to be lonely?</i>

Loneliness	Feelings, spiritual, social and emotional causes and effects. What to do.	<i>Why do people get lonely? What can we do if we are lonely?</i>
Feeling good	Ways to feel positive and happy. Eating healthily, exercising, having friends Respecting others	<i>What makes you feel good? Why? Does the feeling last? Can we feel good at any time?</i>
Easing stress	Make a paper Water Lily – unfolds in water to fold away worries and leave happiness	<i>What makes us worry? What can we do about it? Are our worries real or imagined?</i>
Reflection on term - recap	Re-cap on all topics and events, incidents in the term.	<i>What have we learned?</i>
Reflection on term – Looking ahead	Re-cap on all topics and events, incidents in the term. Think ahead to next term.	<i>What will we remember going forward – what can we improve? What are we looking forward to? What are we worrying about?</i>
Lent		
Re-cap on school rules	Importance of rules Safety Consequences	<i>Why do we need rules? Are rules the same in all schools? What happens if we...?</i>
Ways to be calm	Breathing, meditation and mindfulness Sitting, walking, lying down etc.	<i>How do I become calm and relaxed? Why is that useful? When is it useful ? How does it feel?</i>
Moral dilemmas	Examples of moral dilemmas What to do in a moral dilemma personal choices, asking for advice	<i>What is right? What is wrong? What is a dilemma? How do we make the right choice?</i>
Fairness and unfairness	Rules in games King Solomon’s decision	<i>Why should we be fair? Are things always fair? Why is it good if things are fair?</i>
Rights and responsibilities	List right and responsibilities At home, in class, in school, in the community, in the country, in the world	<i>What are our rights? What are our responsibilities? Why are these important</i>
Making choices	Things we like and dislike Personal choices / respect for others	<i>Why do we like / dislike certain things? What do we like? Dislike? Why?</i>
Expressing an opinion	Agreeing and disagreeing Respect for others - bullying Having an opinion, expressing it politely and respectfully.	<i>What is your opinion? Why? Is it alright for other to have a different opinion? What if my opinion hurts someone else?</i>
Yoga breathing for a calm mind	Breathing, meditation and mindfulness Ways to Spiritual happiness Inner peace	<i>How do I become calm and relaxed? Why is that useful? When is it useful? How does it feel?</i>
Reflection on term - recap	Re-cap on all topics and events, incidents in the term.	<i>What have we learned?</i>
Reflection on term – Looking ahead	Re-cap on all topics and events, incidents in the term. Think ahead to next term.	<i>What will we remember going forward – what can we improve? What are we looking forward to? What are we worrying about?</i>
Summer		
School Council Suggestions	Present ideas to the school council representative to take to the school council meeting	<i>What does the school need? What would we like to have /do at school? What is possible / impossible?</i>
School Council Feedback	Feedback from School Council representatives	<i>Questions arising</i>
Sun safety	Sun dangers and strategies for protection	<i>Why should I wear sun-cream /sunhat</i>
Religious Worship	Different cultures and beliefs	<i>Why should we respect the beliefs and customs</i>

	Britain a multicultural country Spiritual, moral, Social and cultural diversity –respecting and understanding others Ways to Spiritual happiness Inner peace	<i>of others? What happens if we are not respectful of other cultures and religions</i>
Religion and the family	Different cultures and beliefs Britain a multicultural country practices and customs in the home - diversity – respecting understanding others	<i>What are the customs and beliefs in the homes of people from different cultures? Why is respecting other good? What is different? What is the same?</i>
Wedding customs	Different cultures and beliefs Britain a multicultural country practices and customs for weddings diversity – respecting understanding others	<i>What are the customs and beliefs in the homes of people from different cultures? Why is respecting other good? What is different? What is the same?</i>
Meditation for a peaceful mind	Breathing, meditation and mindfulness Ways to Spiritual happiness Inner peace	<i>How do I become calm and relaxed? Why is that useful? When is it useful ? How does it feel?</i>
Dictatorships and Democracies	Elections, government. Link to WW2 topic – Nazis and Hitler British Values Bullying	<i>What is a democracy? / dictatorship? What countries are democracies /dictatorships? Why do we respect democracy? Are dictators bullies?</i>
School council Suggestions	Present ideas to the school council representative to take to the school council meeting	<i>What does the school need? What would we like to have /do at school? What is possible / impossible?</i>
School Council feedback	School Council representative reports back on events in the school Council	<i>What has been agreed? Not agreed What has happened and been discussed?</i>
Reflection on term - recap	Re-cap on all topics and events, incidents in the term.	<i>What have we learned?</i>
Reflection on term – Looking ahead	Re-cap on all topics and events, incidents in the term. Think ahead to next term.	<i>What will we remember going forward – what can we improve? What are we looking forward to? What are we worrying about?</i>

RECEPTION

Personal, Social and Emotional Development (PSED)

Making Relationships (MR)

- *They play co-operatively, taking turns with others. (ELG PSED MR1)
- *They take account of one another's ideas about how to organise their activity. (ELG PSED MR2)
- *They show sensitivity to others' needs and feelings. (ELG PSED MR3)
- *They form positive relationships with adults and other children. (ELG PSED MR4)

Self Confidence and Self-awareness (SC SA)

- *Children are confident to try new activities. (ELG PSED SC SA1)
- *They say why they like some activities more than others. (ELG PSED SC SA2)
- *They are confident to speak in a familiar group. (ELG SC SA3)
- *They will talk about their ideas. (ELG PSED SC SA4)
- *They will choose the resources they need for their chosen activities. (ELG PSED SC SA5)
- *They say when they do or don't need help. (ELG PSED SC SA6)

Managing Feelings and Behaviour (MFB)

- *Children talk about how they and others show feelings. (ELG PSED MFB1)
- *Children talk about their own and others' behaviour, and its consequences, and know that some behaviour is unacceptable. (ELG PSED MFB2)
- *They work as part of a group or class, and understand and follow the rules. (ELG PSED MFB3)
- *They adjust their behaviour to different situations. (ELG PSED MFB4)
- *They take changes of routine in their stride. (ELG PSED MFB5)

Physical Development: Health and Self-care

- *Children know the importance for good health of physical exercise, and a healthy diet, and talk about ways to keep healthy and safe. (ELG PD HSc1)
- *They manage their own basic hygiene and personal needs successfully, including dressing and going to the toilet independently. (ELG PD HSc2)

Understanding The World: People and Communities

- *Children talk about past and present events in their own lives and in the lives of family members. (ELG PC1)
- *They know that other children don't always enjoy the same things, and are sensitive to this. (ELG PC2)
- *They know about similarities and differences between themselves and others, and among families, communities and traditions. (ELG PC3)