

LUNCH

WEEK 3

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
BREADS	Homemade Breads & Oils	Homemade Breads & Oils	Homemade Breads & Oils	Homemade Breads & Oils	Homemade Breads & Oils
MAIN MEAL	Chinese Chicken With Pak Choi, Sweet Peppers & Chinese Greens Noodles	Turkey Meatballs In A Thyme Gravy	Traditional Beef Lasagne	Chicken Katsu Katsu Curry Sauce	Hot Dogs Soft Roll, Ketchup & Fried Onion
MEAT FREE	Terakihi Quorn Chow Mein	Falafel In Pitta With Tzatziki	Butternut Squash & And Pea Puree Risotto	Battered Quorn Katsu	Vegan Hot Dog Soft Roll, Ketchup & Fried Onions
ON THE SIDE	Prawn Crackers Mange Tout, Sugar Snaps And Peas	Creamy Mash Sweet Carrots Savoy Cabbage	Garlic Bread Broccoli	Steamed Sticky Rice Peas	Oven Baked Chips BBQ Baked Beans Creamy Slaw
SALAD BAR	Seasonal Fresh Salads	Seasonal Fresh Salads	Seasonal Fresh Salads	Seasonal Fresh Salads	Seasonal Fresh Salads
EVERY DAY	Jacket Potatoes Baked Beans Cheese	Penne Pasta Tomato Sauce Grated Cheese	Jacket Potatoes Baked Beans Cheese	Penne Pasta Tomato Sauce Grated Cheese	Jacket Potatoes Baked Beans Cheese
DESSERTS	Fresh Fruit & Yoghurt	Fresh Fruit & Yoghurt	Fresh Fruit & Yoghurt	Fresh Fruit & Yoghurt	Fresh Fruit & Yoghurt