

# LUNCH

WEEK 1

|                    | MONDAY                                   | TUESDAY  | WEDNESDAY  | THURSDAY                                       | FRIDAY  |
|--------------------|--|--|--|--|---|
| <b>SOUP</b>        | Soup of the Day with a crispy Baguette   | Soup of the Day with a crispy Baguette               | Soup of the Day with a crispy Baguette             | Soup of the Day with a crispy Baguette         | Soup of the Day with a crispy Baguette                    |
| <b>MAIN MEAL</b>   | Mild Chilli Beef                         | Roast chicken, Yorkshire Pudding & Gravy             | Beef Ragu Lasagne                                  | Creamy Korma Chicken Curry                     | Fish Fingers<br>Or Battered Pollock , Tartare Sauce Lemon |
| <b>MEAT FREE</b>   | Quorn & Bean Chilli with Red Bell Pepper | Sweet Potato & Chickpea Wellington with Veggie Gravy | Veggie Mac N Cheese topped with Roasted Vegetables | Roast vegetable & Chickpea Chat Masala         | Beet Burger & relishes                                    |
| <b>ON THE SIDE</b> | Rice, Sweetcorn, Guacamole               | Roast potatoes<br>Roasted vegetables                 | Steamed Broccoli & Garlic Bread                    | Steamed Rice, Roasted Cauliflower & Tarka Dhal | Oven Baked Chips with Peas                                |
| <b>SALAD BAR</b>   | Freshly Prepared Seasonal Salads         | Freshly Prepared Seasonal Salads                     | Freshly Prepared Seasonal Salads                   | Freshly Prepared Seasonal Salads               | Freshly Prepared Seasonal Salads                          |
| <b>EVERY DAY</b>   | Jacket Potatoes<br>Baked Beans<br>Cheese | Fusilli Pasta<br>Tomato Sauce<br>Grated cheese       | Jacket Potatoes<br>Baked Beans<br>Cheese           | Jacket Potatoes<br>Baked Beans<br>Cheese       | Fusilli Pasta<br>Tomato Sauce<br>Grated cheese            |
| <b>DESSERTS</b>    | Lemon drizzle cake<br>Fruit & Yoghurts   | Banoffee pots<br>Fruit & Yoghurts                    | Waffle Wednesday<br>Fruit & Yoghurts               | Vanilla Shortbread<br>Fruit & Yoghurts         | Rice Crispy Cake<br>Fruit & Yoghurts                      |